

18 April 2021

To keep everyone Covid Safe the same rules will apply as before. These are listed at the end of this Pyramid Post as a reminder.

Visits to any of the church buildings except for services, should only be made in very exceptional circumstances, and your details should be entered on the track and trace record on the noticeboard in the vestry.

Please send contributions for future Pyramid Posts by mid-day on the Wednesday before the following Sunday.

Please continue to send me items that you would like to share – prayers, readings, “thoughts”, news, photos, humorous or serious.

*Philip Sandiford, Editor*

#### FUTURE SERVICES IN THE CHURCH:

Today, 11 <sup>th</sup> Apr, 10.30am	Rev. Philip Richter
Sun 25 <sup>th</sup> APR, 10.30am	Mr. Witty Rajaratnam
Sun 2 <sup>nd</sup> MAY, 10.30am	Mrs. Val Imms
Sun 9 <sup>th</sup> MAY, 10.30am	Rev. Chris Morley
Sun 16 <sup>th</sup> MAY, 10.30am	Mrs. Lucy Brown
Sun 23 <sup>rd</sup> MAY, 10.30am	Rev. Rosemary Richter, inc. Holy Communion
Sun 30 <sup>th</sup> MAY, 10.30am	Ms. Nellie Showers

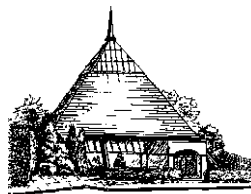
#### APRIL BIRTHDAYS:

24 <sup>th</sup> Apr	Margaret Kercher
24 <sup>th</sup> Apr	Doreen Morton
25 <sup>th</sup> Apr	Nora Pearce
29 <sup>th</sup> Apr	David Banthorpe

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Minister – Rev. Rosemary Richter – 020 8647 1550

EDITOR: Philip Sandiford. Tel: 020 8642 0704 E-mail: [philip\\_sandiford@sky.com](mailto:philip_sandiford@sky.com).  
New contributions to be with the editor by mid-day on the Tuesday before each service



## FOODBANK UPDATE:

### The latest news from Foodbank HQ

Thank you once again for the support from church members for the Food Bank. Last week (8<sup>th</sup> April ) we have made in the region of 79 deliveries, feeding just over 200 people in the 4 days. We have also now handed out over 250 refurbished laptops and tablet devices.

With the vaccination programme well underway, and the easing of lockdown restrictions we will shortly begin planning the reopening of our centres.

### Our current wish list is below, (we have most other items in stock).

- Tinned vegetables (not sweetcorn as we have lots)
- Tinned meat (like those in the picture)
- Tinned tuna
- Tinned potatoes
- Biscuits
- Sponge puddings
- Rice pudding
- Powdered Milk (semi or full fat only, thank you)
- Shampoo
- Washing Powder, Pods & Tablets (bio & non-bio)

I can be contacted on **01737 356201** or **07753 236115**, if you would like me to collect items. There are also Food Bank bins in most of the major supermarkets if you just want to pop an item or two in. Or if you would prefer to donate money then please see below. Thank you for your continued generosity.

### Janice Barber

 COMMUNITY SPIRIT

Get involved in the community spirit to support the Epsom & Ewell Foodbank to help local families in need.

YOU CAN HELP BY TEXTING **70450** TO DONATE:

Text **FOODBANKGIFT 2** to donate **£2**  
Text **FOODBANKGIFT 3** to donate **£3**  
Text **FOODBANKGIFT 5** to donate **£5**  
Text **FOODBANKGIFT 10** to donate **£10**  
Text **FOODBANKGIFT 15** to donate **£15**  
Text **FOODBANKGIFT 20** to donate **£20**

Registered Charity: 1002721

More information about the epsom & ewell foodbank can be found at [www.epsomewell.foodbank.org.uk](http://www.epsomewell.foodbank.org.uk)

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## **If you have any symptoms of Covid-19, please do not come to church**

**Bring a mask: face coverings became mandatory in communal indoor spaces on 8 August.**

*There are some circumstances where people are not expected to wear face coverings.*

*Please be respectful, noting that some people are less well able to wear face coverings, and that the reasons for this may not be visible to others.*

The church will be well-ventilated with doors and windows open, so please come prepared if you feel the cold.

Please remember to allow more time to get into the service as entrance will be staggered to allow for social distancing.

## **When you arrive**

Please enter by the front door, but be prepared to wait before entering, keeping two metres away from the person in front of you.

On entering the building, please sanitise your hands: sanitiser pumps will be available if you haven't brought your own sanitiser.

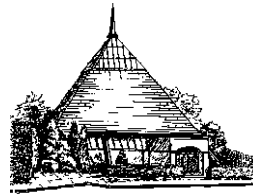
Bring your own water if you feel you might need it.

There will be a steward available near the door ready to offer (socially-distanced) help and advice.

Your presence will be recorded for Track and Trace purposes. If you do not consent to this, please make this known as you enter. The information will be destroyed after three weeks.

Chairs will be arranged singly and in groups. If you have come alone, please sit on a single seat, leaving the groups of chairs for people from the same household/bubble.

Please make your way to a seat straightaway. **Do not change seats.**



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## **What to expect**

The vestry toilet will be open for emergencies only. If you need to use it please clean it before and after use. Put used wipes in the bin provided. If you have to wait please do so social distancing

You are invited to drop your offering into the marked box near the door, either as you enter or as you leave (the offering will not be presented during the service).

The service will be shorter than usual (30 – 45 minutes).

Congregational singing is not allowed, music may be provided by an organist, pianist or CD

Speak quietly when making any responses.

## **After the service**

### **Refreshments will not be served**

Please leave when directed to by a Steward and observe social distancing. Do not remain in the church to chat.

Please take away with you any copies of Service Sheets and the Pyramid Post that you have handled

Once outside the church observe Government guidelines for meeting people.

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